# SIDLESHAM SPREAD NO 129 SEPTEMBER 2024

INDEPENDENT - SELF SUPPORTING - DELIVERED OR ON-LINE FREE TO EVERY HOME IN SIDLESHAM

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# A Life in the POLICE

7.30pm, Friday 20<sup>th</sup> Sept. Sidlesham Memorial Hall

with

# **Brian Pointer**

Retired Uniform Police Inspector West Sussex Police There will be a retiring collection for both Police Care UK and the SCA. There will be bar facilities.



# **FREE** Police Event

Learn how to stay Safe from Online Scams and Cyber Crime in this engaging and award-winning presentation from Surrey and Sussex Police Cyber Protect Officer Daniel Sykes.

Venue : 26<sup>th</sup> September 2024 @ 7 pm @ Sidlesham Memorial Recreational



# Big Fyramid Swing Band Sunday 6th October 7 pm



Sidlesham Memorial Hall Shotford PO207RD. Bar will be open. Bring own snacks if required.



£10 per ticket. Please contact Wendy Devonshire on 641457. Mobile 07775708952 dancingdevonshire@hotmail.com



## DISCLAIMER

The views expressed in the Sidlesham Spread are not necessarily those of the editorial team. The Editor reserves the right to edit and rearrange articles, but will endeavour to to so only where space is limited or where the information will be enhanced. All information is published in good faith but we take no responsibility for errors or omissions. We are happy to publish letters as 'name and address supplied' but will not include anything sent anonymously that is clearly defamatory or hurtful to a named individual.

### The Editorial Team

Copy should be sent by 23rd of the month to allow for printing for the first week of the following month.

# IF ANY VILLAGE GROUP IS NOT INCLUDED AND WOULD LIKE TO BE,

### PLEASE CONTACT THE EDITORIAL TEAM

Brent Lodge Bird & Wildlife Trust Hospital - Cow Lane, Sidlesham.	2nd Tues	<b>Quiz</b> with George Torrance as quizmaster.	The Anchor	7.30 pm
01243 641672 Church Hall Bookings Vivien Baron 641 <b>583</b>	Thurs.	Tea and cake at Mary's Place. For details Contact Carolyn on 07983 701015 or carolyn@brading.net	Church rooms	From 2.00 -4.00 pm
Infinity Football Club Jody Hoare 07944755050 Jody_soton@yahoo.co.um	Thurs.	Short mat bowls Contact Marilyn Sharp 641 437	School Sports Hall	4.30 - 6.30 pm
Manhood Wildlife & Heritage Group Jane Reeve jane@jssj.co.uk 01243 641 527	2nd Wed	Women's Institute 641 299 (Ann Holloway)	Church rooms	2.15pm
<b>RSPB Pagham Harbour,</b> Nature Reserve Manager Adam Taylor <u>Pagham.harbour@rspb.org.uk</u> 01243 641508	Sat Term time	Lizzie's Craft Club. Term time Saturdays for children aged 4—11 years. £5 session per child. Contact lizzie@lizziebaily.com	Applefield	2.30 - 4.00 pm
Sidlesham Parish Council Clerk to the Council – Alison Colban parishclerk@sidlesham.org		ADVERTS TO BE FOUND ON PAGE		

SIDLESHAM COMMUNITY ASSOCIATION

THE TRUSTEES

CHAIR: RIACH RYDER 07798774729 riach.ryder@gmail.com

**TREASURER: NORMAN ROBSON** SECRETARY: CORINA HALL

LEWIS RAMM PAUL DEVONSHIRE WENDY DEVONSHIRE BILL MARTIN

www.sidleshammemorialhall.co.uk

PARISH COUNCIL MEETINGS 2nd WEDNESDAYS

No meeting August and December **Annual Parish Meeting** 4th Wednesday in May in the Church Hall at 7 pm

Planning included in above meetings. Details of Planning to be discussed can be obtained from Alison Colban, parish clerk, details on this page. YOUR PARISH COUNCILLORS

**MARTIN MELLODEY - CHAIR** 

PLEASE USE THEM, THEY ENABLE THIS MAGAZINE TO BE FREE TO YOU ALL

01243 649075 martinmellodey@hotmail.co.uk

NICK WADE - VICE CHAIR

CORINA HALL MARY MONNINGTON ADRIAN HARLAND TRACEY PARSONS LEWIS RAMM TRICIA TULL DAVID GUEST

> SELSEY MOBILE REFUSE SITE EAST BEACH CAR PARK -

OPEN BETWEEN 8.15 and 3.00 on ALTERNATE THURSDAYS:

**12TH, 26TH SEPT. 10TH OCTOBER** 

THESE SITES ACCEPT GREEN GARDEN WASTE, WOOD, METAL ITEMS SUCH AS POTS AND PANS, CARDBOARD, PAPER AND SHREDDED PAPER, SMALL ELECTRICAL ITEMS SUCH AS IRONS, TOASTERS, AND HAIR DRYERS. NON HAZARDOUS WASTE. NO TVS OR WHITE GOODS CAN BE ACCEPTED.

WITTERINGS MOBILE REFUSE SITE -MARINE DRIVE CAR PARK-

For information about the Parish, the Parish Council, agenda's minutes, notices of events, information from CDC and WSCC, SCA, Neighbourhood plan etc

www.sidlesham.org

**Chichester Farmers' Market Location: Town Centre** Time: 9.00 - 14.00 1st and 3rd Friday of each month

2

www.crrc.co.uk

www.sidlesham.org

See Box 3rd column

Head Teacher

(SWALK)

01243 641299

Sidlesham Community Association (SCA)

**Sidlesham County Primary School** 

Mrs S. Koiston - 01243 641238

Bill Martin 01243 641154

Hon. Sec. Ann Holloway

annholloway@42aol.com

Vacancy for a contact person

St Mary's Parish Church

father.brading@gmail.com

Fr. Chris Brading 01243 641775

www.stmary-sidlesham.org.uk

01243 967111 info@crrc.co.uk

The Cat and Rabbit Rescue Centre

Sidlesham Womens' Institute

STAG Sidlesham Traffic Action Group

billm89@hotmail.com

Sidlesham Walk and Lunch Klub

# **DATES FOR YOUR DIARIES**



**THE ANCHOR** IS OPEN EVERY DAY

# TELEPHONE 641 373 FOR DETAILS OR TO MAKE A BOOKING

### SIDLESHAM MEMORIAL HALL SHOTFORD PO207RD www.sidleshammemorialhall.co.uk WHAT'S ON AT THE SIDLESHAM MEMORIAL HALL - SHOTFORD 7 - 9 pm Monday The Open Door Choir belindagannon.musicforall@gmail.com 9.30 am - 10.30 Pilates with Jackie Warton Tuesdays Contact: precispilates@gmail.com 12.30 For 1.00 pm Lunch Club once a month see each month for week or contact Tuesdays Wendy Devonshire 641 457 restart in Autumn 7 - 10.30 pm Fridays **Music Night** 2nd Friday Bar open in front of Sidlesham Memorial Hall on the left side Last Saturday 8.00 viewing www.medlams.co.uk 10.00 auction until 1 pm 9 am until Noon **3rd Sunday Classic Cars** in car park

<del>Talks at 6 - Thursdays -</del> **BETWEEN 6 AND 7PM** BASSIL SHIPPAM CENTRE **TOZER WAY, PO19 7LG** 

Book on line: bookings@talksatsix.co.uk Retiring collection for Speaker's choice of charity Organised by Marilyn Humphrey

We do hope you can come to all or any of the following at :

Dear Supporters

With some sadness we have decided to stop organising Talks at Six at the end of this year. We have had such fun challenges we face in the coming is always a time to move on, technically I find it tricky, and Freddie has other commitments. So, it is best to stop while still ahead. We will have had 178 talks

charities, attended by nearly 10,000 Michael Gilson. supporters, and hopefully will have raised by the end of the year over There was an explosion of suburban £40,000 for those charities.

This is our Autumn programme, I hope it will interest you.

Thursday 5th September - Ukraine, Gaza and Iran: Challenges for Western Democracy by Con Coughlin.

Executive Defence and Foreign Affairs Editor at Telegraph Media Group, Con will discuss the many problems in the Middle East and Europe, and the finding speakers and hearing some great years. He is an expert in this area and talks on a wide variety of subjects and will be able to shed light on many of the have met some wonderful people and disturbing situations. Some of his books your support has been terrific. But there will be available. Charity: Alban Head Charity

> Thursday 26th September – Behind the Privet Hedge: Suburban Gardens

since 2016 supporting over 100 different and the Beautification of Britain by

gardens in the early 20th century. Post war their stereotypes were symbols of dull, middle-class conformity, but were about social change. Richard Sudell and others spent a lifetime evangelizing that gardens were the vanguard of progress towards a new equal society with everyday beauty at its centre. Charity: Save the Children

Thursday 3rd October – Love your Lung by Professor Sir Malcolm Green.

The lung is one of the body's two vital pumps, without which life ceases within about 10 minutes. It is a miracle of design and function, Malcom will examine some of the ways the lung goes wrong, and treatment of choking and other emergencies. Charity:Asthma + Lung UK supports research into lung

# WATCH OUT!

Message from Arun District Council copied from Facebook: With increased challenging behaviour in the area at the moment, we would like to remind you to report all incidents to Sussex Police by calling 101, or if it is an emergency call 999. We have had reports of members of the traveller community door knocking and asking for trade. Please ensure that when employing tradespeople, you check their credentials and look for reviews of their past work. Check in with more vulnerable members of your family, friends or neighbours, or those that may not be connected digitally, to share this message. Rest assured that council

### Talk – The History of Fire

Holly Beeston has a 16-year career in the fire service, some in West but currently in East Sussex based in Brighton. Once known as the 'fire brigade' it is now called the 'fire and rescue service'. She gave us an interesting talk, first on the history of fire services in this country and then on her own personal experiences. Before the Second World War, there was no public fire service, such provision coming courtesy of insurance companies. These would only attend those fires at properties that were insured with them. (There might be an antique one in Chichester.) With the Blitz in many cities in this country, there was a great demand on firefighting resources, particularly with the use of incendiary rather than high explosive bombs. With the passage of time, fire engines have become bigger and more sophisticated in terms of the equipment they carry. Also, the clothing worn by fire personnel has improved but become heavier (currently 45 pounds). We are a long way away from those images of the Keystone Cops. Most fires are still fought with water which combination. Because such situations are not constant, it is demands a supply of water in sufficient quantity and pressure. easy to see how those wishing to cut costs can feel justified in Much of the duties of fire brigades these days is in respect of axing such services. It is always interesting to hear accounts fire prevention - better not to have a fire in the first place. from people who have been actively involved in real life They therefore inspect properties and give advice on how to

reduce the risk of a fire. Fires, however, are not the only emergency. Fire engines have the equipment to cut people from crashed cars or collapsed buildings. They also have the pumps to deal with flooding. And, yes, they still rescue cats from trees, though the cat must have been up there for three days. Holly attended the 2023 Royal Albion Hotel fire in Brighton. This involved 25 appliances, some coming from London. It caused great disruption and financial cost spread

over many balance sheets and many days, not to mention the disruption lives to and businesses, though no fatalities. The investigators attributed the fire to a cigarette, the high winds on the day and very dry timbers in the building making



for an evil mix. Holly admitted to having a personal sense of excitement in such situations, added to the feeling of satisfaction at having completed a successful job, a winning

# SIDLESHAM COMMUNITY ASSOCIATION

# **ANNUAL GENERAL MEETING**

TO BE HELD ON WEDNEDAY 16<sup>TH</sup> OCTOBER 2024 AT 7.00 p.m.

**Bar available** 

# IN THE MEMORIAL RECREATION HALL

This is an opportunity to ask questions and give the SCA your ideas regarding the future of the village and its facilities. You will also have the opportunity to see the progress we have made in the building

### AGENDA

- 1. Welcome
- 2. Apologies 3. Minutes of AGM held Thursday 24<sup>th</sup>Nov 2023 4. Matters arising not on the agenda. 5. Chirman's report. 6. Secretary's report. 7. Treasurer's report.

NEW course to start in Sept to help seniors and their families to get direction, order and peace of mind about their future.

Gayle Palmer will be leading a shortened, beta version of her Great Guidelines for Later Life course and we shall be working on 3 areas of our lives over the space of about 3 to 4 months:

Health, Wellbeing and Vitality Medicals **Money and Finance** 

It is designed to help all age groups to get their "stuff" organised and managed - you don't have to be a senior to struggle with that - and in bitesized pieces. There are limited spaces and it is by application. Send an email to gaylepalmer@btinternet.com to arrange a phone call to explain more or leave a message on 07769 746113. Please leave a phone number as well as your email. Thank you. Gayle Palmer at Living Elements Clinic www.greatguidelinesforlaterlife.com

### Gayle Palmer D.O. Registered Osteopath - Your health is my priority. Living Elements Clinic, Keynor Lane Sidlesham, CHICHESTER, West Sussex PO20 7NL

www.livingelements.co.uk Facebook

HOUSES WITH A STORY TO TELL	their children were admitted to Sidlesham School, having		
	previously attended school in Barton, North Shields. Henry's		
After a reference in the Domesday Book it's back to the LSA	occupation on the 1939 Census was listed as 'Trainee'.		
houses	Ernie and Ivy Bockley arrived in 1950/51. Ernie retired to		
No 20 /21 on Selsey Road, backing onto Chalk Lane	Chichester in September 1976 (LSA Bulletin 1449).		
No20:	Ivy Bockley was a friend of my mother, Vera Brine, from		
Alfred Potts' children were admitted to Sidlesham School in	when they both lived in Storrington during the war. After our		
December 1936, having previously attended St Bedes (RC)	move to the LSA proved to be going well they decided to		
Junior School in Jarrow. The family 'returned north' in June	follow us. Ernie had been the head gardener at a large country		
1938 (Schools Admissions Register)	house in Storrington. He kept a goat for milking. They had two		
Frederick & Mary Browning were on the 1939 Census. Their	daughters Anne and Susan. (John Brine No 139) The site of No		
daughter was admitted to the school in January 1940. The	20 is a former LSA smallholding and "the excavation is identi-		
family 'left the district' in September 1940.	fied by a nettle-patch, which the siting symbol correctly marks.		
(School Admissions Register)	Mr Harris, the tenant, has dug up some tile and pieces of pot		
John and Joy Watts came (after the war?) from Radnorshire	(grey ware) and come across wall-footings, slightly		
where John had managed a mushroom farm. He ran the First	further to the west. One or two pieces of roofing and flue tile		
Sidlesham Scout Troop. (extract from 'Southern Weekly News'	which are lying about appear to be wasters, and as there are		
13/9/1952). Site of a former Roman villa was discovered on	suitable clay deposits in the area (there was once a brick works		
this smallholding in 1951. George Harris was the tenant at the	in the area TQ 859960 (a) the villa may have been connected		
time of the excavation of the Roman villa in 1951-54 (see	with the tile industry".		
'More' below). Son Charles on the Tenants Register in 1976,	(Source Historic England: www.pastscape.org.uk)		
but no departure date.	Allan Campbell (grandson of William, the original tenant at No		
No 21:	27) took over the tenancy in October 1976 (LSA Bulletin		
Henry & Rose Southern were here in December 1938 when	1452) and became a Sidlesham Grower in 1991		
RAISIN: A grape with a sunburn.	today.		
SECRET: Something you tell to one person at a time.			
	YAWN: An honest opinion openly expressed.		
TOOTHACHE: The pain that drives you to extraction.			
TOMORROW: One of the greatest labour saving devices of	WRINKLES: Something other people have; similar to my		
A GANDER AT THE GOOSE	increase dramatically in the winter when they are joined by		

RSPB

B September is a time of change and new beginnings for many of us, and it is no different in the bird

world. Spring visitors have left or will soon be leaving and our winter visitors will start arriving over the next few months. It is the autumn

migration that makes Pagham Harbour such a lively winter reserve teeming with life.



You may not find geese the most

exciting birds in the reserve, neither are they as elegant or aesthetically pleasing as others. But, when you hear that familiar 'honking' sound high in the sky, or see the huge flocks congregate on the mud banks of Pagham Harbour, you can see there is plenty to appreciate about them.

There are eight native geese in the UK. The 'black' geese: Barnacle, Brent and Canada; and the 'grey' geese: the Pink-footed, Greylag, Tundra Bean, Taiga Bean and White-fronted geese. The Egyptian Goose is also an all-year round resident of the UK but, as the name would suggest, it is not native having been introduced from the Nile Valley and south Sahara.

Some of our geese (Canada, Barnacle and Greylag) will be found all year round in some parts of the UK, but numbers will

migrating populations from the Arctic, Iceland, Greenland and Scandinavia. Other geese species will just spend the winter here to make the most of our warmer winter climate. One intriguing behaviour of some geese is the V-formation or 'skein' they make when flying. This helps them preserve energy as each bird in the V creates a reduction in wind resistance for the one behind, allowing it to conserve energy. At intervals, the bird in the lead will drop back and another bird will take the helm - what a fabulous piece of teamwork. It is also believed that the V-formation plays an important role in the ways the birds communicate with each other, allowing them to keep track of each bird in the group, a formation that has been adopted by fighter pilots for the same reasons. Other geese species such as the Brent, Barnacle and Pink-footed tend to fly in very large flocks, a behaviour that is associated with migration. Being in a large group saves energy and allows for the shared knowledge needed for long migrations. This autumn you may see one of these huge flocks passing over – a joy of geese and the season's migration. To learn more about the Autumn Migration and to see some of our migrating waders, songbirds and seabirds, why not come along to our Migration Magic walk around Pagham Harbour. Saturday 14 September, 10am (duration 3<sup>1</sup>/<sub>2</sub> hours). £8 per person / £5 members

### NEW DEMENTIA SENSORY GARDEN OPENED BY TANGMERE CHARITY



We're now well into planting season, the greenhouses being about as empty they've been since the old days when salads were grown. The kev

with Autumnal planting in

**FLOWER FANCIES** 

general is to get the plants in on time to get established before the Winter, but not so early they get confused and move to their flowering stage. To misuse Issac Newton's quote 'Every action has a reaction', and last year's steriliser breakdown meant I spent a lot of time in the Winter and Spring hand weeding, which in turn meant no time for Spring planted crops, which resulted in little flower picking in the Summer, which has given me more time to get ready for Autumn planting. I have ambitious plans for next year's cropping! That didn't stop me having Sunday off to take Elly to her first Competition after a year of recovery and rehabilitation. Hoopers is like agility but with hoops instead of jumps. Lots of fun in a friendly atmosphere at Jumping Jacks, and at the end of the day a few rosettes and a trophy.

Mentally I put the flowers in three categories. There's the perennials that can be planted and flower any time of the year, like Alstroe, pinks and anemone. Then there's those that will flower at a fixed time irrespective of when you plant them, including Sweet William, Ranunculus, Daffodils, Freesia, Stock, Chrysanths and Iris. Lastly there's those which have a fixed time from planting to flowering, but have a broad range of possible planting dates, including Snap Dragons, Gladioli, Asters and Canterbury Bells. There're other factors effecting when I plant what, but these define the limits to the planting seasons.

To be planted this Autumn are Sweet William, Butterfly and standard Ranunculus, Freesia, Anemone, Statice, Daffodils, Iris, Canterbury Bells, Garden pinks and Alstroemeria. There's a few others I'd normally plant now, but will delay sowing till January because the seasons are changing and another dark Winter seems highly likely. At the time of writing the Sweet William and statice are sown, and will be ready to plant out in a few weeks. Freesia and Daffodils are still dormant and I have to finish digging up the old bulbs ready to plant them in a new area for next season. The second half of the anemone are chelating (no, not the bulb equivalent of chillaxing!), which is mixing them with wet vermiculite and putting in the cold store to pregerminate before planting. Half the ranunculus claws I have already, the other half and the iris will be along soon. In brief, compared to this year I plan to have more Ranunculus, Freesia, Anemone and Iris, with about the same amount of Sweet William.

Sage House in Tangmere has created a brand-new sensory garden to give people living with dementia the opportunity to benefit from being outdoors, participating in gardening, and sensory stimulation. Sage House is a unique dementia hub - the first of its kind in the UK, providing a full range of dementia services under one roof.

Taking pride of place at the front of the hub, the charity has transformed an unused area - full of scruffy shrubs affected by blight, into an accessible and colourful sensory garden. The endeavour was led by Sage House Services Manager, Simon James, Wayfinder Natasha Davies and a volunteer garden committee. The garden has been designed as an accessible space for everyone to appreciate and enjoy. The paths have been created to be wheelchair accessible, enabling access to every area, and the raised beds enable people to garden without bending down.

The garden will be maintained by attendees at the charity's Day Breaks and activity sessions - helping to keep them active. Carers can also benefit from the garden as a quiet and safe space for reflection outdoors, as well as somewhere to remember loved ones who they have lost to dementia.

The new sensory garden was unveiled in an event held on Thursday 8<sup>th</sup> August, and declared open by the Chichester Town Crier and former Mayor of Chichester, Richard Plowman. Thirty people attended the event and enjoyed a tour of the garden's many donated plants. Guests included parish, district and county councillors, businesses that donated services or products for the garden, volunteers who have supported the effort, and charity Trustees and Vice-Presidents.

The honour of the ribbon-cutting was granted to Sage House customer Jim, who lives with dementia and has a passion for gardening. Jim is one of the first customers to feel the huge wellbeing benefits that the therapeutic sensory garden with undoubtedly bring to local people living with dementia.

The project was funded by the Worshipful Company of Gardeners and Chichester District Council, with materials and/or services kindly provided by Knights Fencing, SCS Waste, Brick Kiln, Geoff's Garden Ornaments and the Woodhorn Group. This beautiful new garden wouldn't have been possible without the all the volunteers and donors who have generously supported the project and helped bring it to life.

Emma Radley, Chief Operations Officer said: "This garden will provide an exciting new opportunity for us to engage our customers in meaningful activities. We recognise the many benefits that gardening brings and want to support our customers to enjoy gardening in a safe way. Alongside our full range of services, this is another way for us to provide excellent care for people with dementia and for them to connect with the natural world."



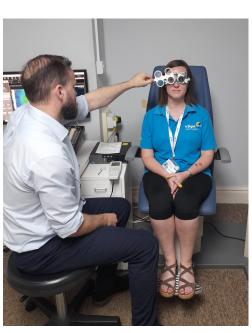


### NATIONAL EYE HEALTH WEEK HIGHLIGHTS Importance of Regular Eye Health Checks

From 23rd – 29th September 2024 it's National Eye Health Week, and 4Sight Vision Support (4SVS) is

proud to support this initiative which encourages people to look after their eyes and have regular eye health checks. This year, the theme is 'Vision Really Matters', and 4SVS will be raising awareness and providing information about accessing eye health checks and promoting good eye health in our daily lives. Regular eye health checks can detect early signs of conditions, including glaucoma, which can be treated if found soon enough. In addition, during an eye health check, other health conditions such as diabetes or high blood pressure may be detected. Those living with sight loss should continue to do so as checking for further changes in the eyes can help make the

Anyone is welcome to contact the charity if they would like to learn more about what to look out for/signs, practical support and advice, or help with accessing a local optician. For further information contact 4Sight Vision Support on 01243 838001, email fundraising@4Sight.org.uk or visit www.4sight.org.uk The image shows 4SVS's Julie having an eye health check with Tom from Walsh Opticians, Bognor Regis.



# Presents in association with SCATS Output to the state of the

# EVENING TALK <u>TOPIC:</u> UROGYNAECOLOGY



Miss Georgina Fraser

Consultant Obstetrician and Gynaecologist with advanced certification in Urogynaecology

Consultant Urogynaecology lead at St Richard's Hospital

Hosted by Selsey Patient Group and Selsey Medical Practice, together with Nuffield Health.

# Join us at The Selsey Centre, Manor Road, Selsey, PO20 OSE for this FREE event.

### at 7.00 pm on Tuesday 17th September 2024

Miss Fraser specialises in Urogynaecology at both the Nuffield and St. Richard's Hospital. There will be an opportunity to learn more about urogynaecological conditions and to ask questions after the presentation.

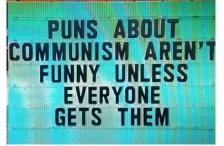
Refreshments will be available.

Ample on site parking.

Please let us know if you will be attending by ringing 01243 606328 or emailing barbandvic@sky.com



IRONY. THE OPPOSITE OF WRINKLY





### INSIDE THE WILDLIFE HOSPITAL IN **SEPTEMBER**

This time of year is typically when we receive our most varied species of wildlife of all shapes and sizes. Luckily, our dedicated team of well-trained

staff and volunteers and our ever-developing site are wellequipped to help any and all that come through our doors. None of this would be possible without our incredibly generous supporters – thank you for helping to keep our vital work going!

We are now running Online Talks covering 'behind the scenes' at Brent Lodge and fascinating facts about our beautiful British wildlife. For more details, please see our

website and social media pages for links to booking tickets.

### PATIENT STORY

These stunning wild rabbits came into us a few weeks ago as tiny 'kits' found without their parents. After their situation had been monitored for a while and no parents were returning, they

were brought into our little to care for they needed handformula through of hours. Now, at they are fully weaned



care as they were too themselves. Initially, rearing with specialist pipettes every couple several weeks old, and have moved onto

a solid diet. We have now relocated them to one of our outside enclosures to continue their rehabilitation and

development, where they will spend another few weeks before being assessed for release.

### HELPING BRENT LODGE WILDLIFE HOSPITAL

We are always in great need of newspapers (non-shiny) for patient bedding, which can be dropped off at our main hospital in Sidlesham or at one of our charity shops. If you are able, we would be very grateful if you could please remove any staples yourselves. If you have any time to also hand-shred some into strips for us, this would be so warmly appreciated and can mean it goes straight into bedding use upon arrival!

If you would like to find out more about booking a school visit. event stall or educational talk/workshop (for children or adults), please get in touch and we'd be delighted to come and visit you soon!

By Alex Foster, Education Outreach Coordinator

Web: www.brentlodge.org Tel: 01243 641672 Email: enquiries@brentlodge.org

Address: Brent Lodge Wildlife Hospital, Cow Lane, Sidlesham, PO20 7LN.

### Helping brent lodge wildlife hospital

We are always in great need of wet and dry cat/dog food, hedgehog kibble, puppy pads and items from our Wish List (please see our website www.brentlodge.org for details) to help the animals in our care. We are already preparing for a very busy autumn/winter ahead, particularly with juvenile hedgehogs, so any help at all is warmly appreciated! If you would like to find out more about booking an event stall or educational talk/workshop (for children or adults), please get in touch and we'd be delighted to come and visit you soon!



### CHICHESTER AND DISTRICT GARDENS AND ALLOTMENTS ASSOCIATION

We really enjoyed our visit to Nymans on a beautiful sunny day and by the

time this magazine is printed we will have visited Eastbourne, either to watch the Airshow or to go shopping. Our annual Summer Show reverted back to August this year: because of climate change, we tried holding the Show in July last year, but this proved to be an unpopular decision. The Show is open to

anyone to enter any category.

September sees our Club holiday to Blackpool, where we will see the lights, visit RHS Bridgewater and have a trip on the Lune Aqueduct. The next Club newsletter will be sent to members listing outings up until December and also the next Club holiday

Our next evening meeting is on Thursday 19<sup>th</sup> September - the speakers are Lizzie and Tony Gilks talking about The Way We Were. This sounds intriguing!

The next outing is a trip on the River Thames at Windsor on Sunday 15<sup>th</sup> September. For further details of any Club

### **TAILS ARTICLE SEPTEMBER 2024**

Hello, it's me Tails, the out-and-abouter reporter for The Cat and Rabbit Rescue Centre. We had such an amazing day at our Summer



Fayre last month, thank you to everyone who came to visit us. I am so pleased to be able to share that we raised over £16,500!! We are all so grateful to everyone who helped to make the Summer Fayre possible and especially to the amazing volunteers who gave up their time to help on the day. This money will make such a difference and will allow us to continue helping the animals that need us now and in the future.

The week after the Summer Fayre was particularly tough for my staff and after the high of the Summer Fayre it just brings into perspective the reality of rescue. In that one week we took in three orphaned kittens who were unfortunately suffering with a bacterial infection. Sadly, two of the kittens passed away and my staff our now hand feeding the last one, I have all Facebook page for all the latest news and info regarding

my paws crossed that she makes it. We also took in a stray cat who we had been trying to trap for a while, but he sadly had too much wrong with him and could not be saved. In the same week we lost one of our foster cats, and two separate feral cats that we had offered to provide vet treatment to after local vets could not treat them due to them being feral. Although really sad at least I can say that my staff tried their best for these cats and they are no longer suffering. Later in that same week we helped eleven kittens and two adult cats that had been living in a garden. Thankfully, they all seem healthy and will now get the best start in life.

Rescue really is so tough sometimes, but we will keep going and will always do the best for the animals that need our help. See you next time. Love

Tails x

P.S. Please keep an eye on our website www.crrc.co.uk and our



### Woof for Wilf

Enjoy a dog walk to make a difference this November 3<sup>rd</sup>! St fundraising, you will be helping fund the Wilfrid's Hospice is inviting the local community to bring their pawed pal on a fundraising dog walk at Great Ballard School. We will be heading off at 11am on November 3<sup>rd</sup>, to

walk the beautiful school grounds in the morning breeze. After a lovely stroll, you'll be able to enjoy food

and drink with other dog-lovers at our event village, as well as some



If you can't join us that day, or would like to go

even further we are also challenging people to walk 31 miles throughout October.

Get your ticket now:

dog-related stalls to browse.

www.stwh.co.uk/woof-for-wilf

The Great South Run

Ever wanted to explore Portsmouth without the traffic?

St Wilfrid's Hospice are looking for runners to take on the Great South Run this October 20th. This amazing challenge

# Pre internet chat room using An old version of windows...



The fruit trees in the Community Orchard at the Sidlesham Memorial recreation ground are now in fruit. Next to the playground. Do help yourselves, they need to be harvested. Enjoy.



takes runners on a 10-mile route around Portsmouth, past some of its historic landmarks and breathtaking views without needing to worry about checking both ways when crossing the road.

By taking on this run for St Wilfrid's and expert end-of-life care services they provide people all around your local community.



Sign-up to take part now: www.stwh.co.uk/greatsouthrun

### Secondhand Shopping

Refill your wardrobe while helping your local community.

St Wilfrid's Hospice has 12 charity shops around the local area, offering affordable, pre-loved clothes. Purchasing secondhand helps to keep clothes out of landfill, reducing the damage to our environment. Plus, by purchasing with St Wilfrid's, your money will go directly to supporting the care of patients and their loved ones on the Hospice Ward, and out in the community.

Find your nearest shop here: www.stwh.co.uk/shops

# **HELP YOUR SURGERY** JOIN THE FRIENDS

The Friends of Selsey Medical Centre help fund necessary equipment and services not provided by the NHS.

Recently we have contributed in whole or partially to the following:

DEMENTIA TRAINING FOR SURGERY STAFF PERSONAL ADVICE AT CARE SHOP AND SURGERY

BUDDY TRANSPORT SCHEME (low cost taxi for those who need help from home to surgery and local hospitals)

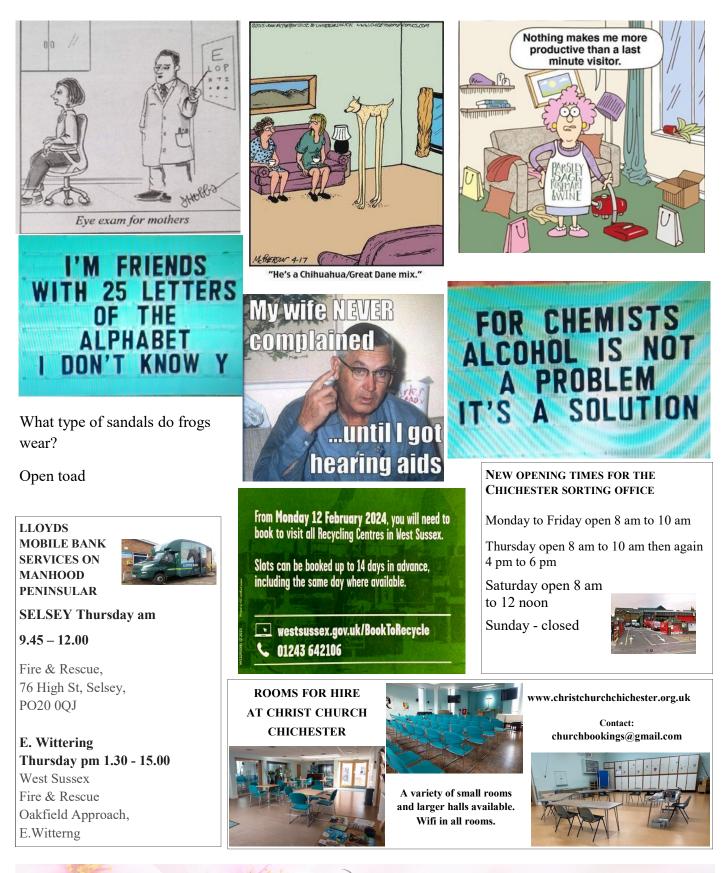
RECENT SURGERY **BUILDING IMPROVEMENTS** If you use the surgery, please become a Friend with an annual donation. Membership costs from £5per person.



Signup forms available at the Medical Centre or phone our Membership Secretary on 01243 606328.

The FRIENDS OF SELSEY MEDICAL CENTRE

Registered Charity No 1013456





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