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| |  |  | | --- | --- | | |  | | --- | | # | | | |  |  | | --- | --- | | |  | | --- | | **news release**  **15 August 2024**  **Support available to A-level students receiving results**  Students across West Sussex are opening their A-level and vocational course results today.  Councillor Jacquie Russell, Cabinet Member for Children and Young People, Learning and Skills said: “I would like to congratulate everyone in West Sussex who is receiving their results today, you should be proud of your efforts.  “It is also important to recognise the work of teachers across the county, as well as the support provided by parents and carers to help students achieve this milestone. Whatever your results may be, the county council’s careers advisors are available together with plenty of online resources to help you navigate your next steps and achieve your potential.”  A breakdown of all grades by region can be found on [Ofqual’s website](https://analytics.ofqual.gov.uk/).  **Careers advice available**  West Sussex County Council’s careers advisors are on-hand to provide free, one-to-one advice on a range of issues.  It could be the grades you received weren’t what you were hoping for, you need help finding a place at university, further education, training or employment, or you’re unsure about your options and next steps.  Chat with the careers team by calling 0330 222 7175 or emailing [careersadvice@westsussex.gov.uk](mailto:careersadvice@westsussex.gov.uk). You can also visit the [careers guidance webpage](https://www.westsussex.gov.uk/education-children-and-families/your-space/work/careers-guidance/) for more information.  **Supporting your wellbeing**  Feeling down, stressed or anxious after opening your grades? You can find support, advice and plenty of useful resources to help you with your emotional wellbeing on the [Your Mind Matters webpage.](https://www.westsussex.gov.uk/campaigns/your-mind-matters/) Mental health and wellbeing support is also available via NHS Sussex. Text SUSSEX to 85258 to access free, discreet and confidential support via your mobile phone.  [West Sussex Thriving in Education](https://www.westsussex.gov.uk/education-children-and-families/childrens-mental-health-and-emotional-wellbeing/information-for-school-staff-west-sussex-thriving-in-education/) also offers useful information to school staff on how to support young people’s mental health and emotional wellbeing.  ​  **For further information please contact the news desk on 0330 222 8090 or email** [**pressoffice@westsussex.gov.uk**](mailto:pressoffice@westsussex.gov.uk)**.   For urgent out-of-hours enquiries please call 07767 098415.**   [Facebook](https://www.facebook.com/WestSussexCC/)  [Twitter](https://twitter.com/WSCCNews) | |  |  | | --- | | [Click to Unsubscribe](http://tracking.vuelio.westsussex.gov.uk/tracking/unsubscribe?d=YfQBRFUzowsEGyzqh2Sjt1eGutYdk6ndeevkTuEiU7C_SV4Evs9o7cSYEDTUoL60zQ_Sv2J1bGSr-xq2RY0u_q_zB_wVI4HOg7Rascs6JWvm0) | | |

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