

# SIDLESHAM SPREAD NO 126 JUNE 2024

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## Sidlesham Community Association

# Sea Shanties & Folk Concert

featuring

The Selsey Shantymen  
and Oving Folk Band

on Saturday 8th June

Doors and Bar open 7.00pm

Concert 7.30pm

at Sidlesham Memorial Hall

Advance Tickets £8  
On the door £10

For tickets please contact:

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[www.sidleshammemorialhall.co.uk](http://www.sidleshammemorialhall.co.uk)

## Sidlesham Community Association

# Allcomers' Party



on Sunday 23rd June  
from 2.00pm

at Sidlesham Memorial Hall



Get to know more about Sidlesham!

Information on local businesses and clubs!



Refreshments provided

Donations welcome for improvements to facilities

We are putting on two main events in June at the Sidlesham Memorial Hall. The concert should be very enjoyable indeed, having heard both the Oving Folk Band and the Selsey Shantymen perform in the past. The Allcomers Party is intended to be a relaxed event with limitless supplies of tea, coffee and squash, giving you the opportunity to meet other local people and find out what clubs and organisations are on your doorstep. We hope the weather will be good enough for us to be outside, but if not, there is plenty of room in the recently refurbished main hall. We look forward to meeting as many people as possible. Ed.

### DISCLAIMER

The views expressed in the Sidlesham Spread are not necessarily those of the editorial team. The Editor reserves the right to edit and rearrange articles, but will endeavour to do so only where space is limited or where the information will be enhanced.

All information is published in good faith but we take no responsibility for errors or omissions. We are happy to publish letters as 'name and address supplied' but will not include anything sent anonymously that is clearly defamatory or hurtful to a named individual.

The Editorial Team

Copy should be sent by 23rd of the month to allow for printing for the first week of the following month.

**IF ANY VILLAGE GROUP IS NOT INCLUDED AND WOULD LIKE TO BE,  
PLEASE CONTACT THE EDITORIAL TEAM**

|   |                      |  |                    |                    |
|---|----------------------|--|--------------------|--------------------|
| <p><b>Brent Lodge Bird &amp; Wildlife Trust Hospital</b> - Cow Lane, Sidlesham.<br/>01243 641672</p> <p><b>Church Hall Bookings</b><br/>Vivien Baron 641583</p> <p><b>Infinity Football Club</b><br/><b>Jody Hoare 07944755050</b><br/><b>Jody_soton@yahoo.co.um</b></p> <p><b>Manhood Wildlife &amp; Heritage Group</b><br/>Jane Reeve<br/>jane@jssj.co.uk 01243 641 527</p> <p><b>RSPB Pagham Harbour,</b><br/>Nature Reserve Manager Adam Taylor<br/><a href="mailto:Pagham.harbour@rspb.org.uk">Pagham.harbour@rspb.org.uk</a><br/>01243 641508</p> <p><b>Sidlesham Parish Council</b><br/><i>Clerk to the Council</i> –<br/>Alison Colban<br/>parishclerk@sidlesham.org<br/>www.sidlesham.org</p> <p><b>Sidlesham Community Association (SCA)</b><br/>See Box 3rd column</p> <p><b>Sidlesham County Primary School</b><br/>Head Teacher<br/>Mrs S. Koiston – 01243 641238</p> <p><b>Sidlesham Walk and Lunch Klub (SWALK)</b><br/>Bill Martin 01243 641154<br/>billm89@hotmail.com</p> <p><b>Sidlesham Womens' Institute</b><br/>Hon. Sec. Ann Holloway<br/>01243 641299<br/>annholloway@42aol.com</p> <p><b>STAG Sidlesham Traffic Action Group</b><br/>Vacancy for a contact person</p> <p><b>St Mary's Parish Church</b><br/>Fr. Chris Brading 01243 641775<br/>father.brading@gmail.com<br/>www.stmary-sidlesham.org.uk</p> <p><b>The Cat and Rabbit Rescue Centre</b><br/>01243 967111 info@crcc.co.uk<br/>www.crcc.co.uk</p> | <b>2nd Tues</b>      | <b>Quiz</b> with George Torrance as quizmaster.  | The Anchor         | 7.30 pm            |
|   | <b>Thurs.</b>        | Tea and cake at Mary's Place. For details Contact Carolyn on 07983 701015 or <a href="mailto:carolyn@brading.net">carolyn@brading.net</a>  | Church rooms       | From 2.00 -4.00 pm |
|   | <b>Thurs.</b>        | Short mat bowls<br>Contact Marilyn Sharp 641 437   | School Sports Hall | 4.30 - 6.30 pm     |
|   | <b>2nd Wed</b>       | <b>Women's Institute 641 299 (Ann Holloway)</b>  | Church rooms       | 2.15pm             |
|   | <b>Sat Term time</b> | <b>Lizzie's Craft Club.</b> for children aged 4—11 years.<br>Spring Craft Club starting on 24th February for 5 weeks.<br>£5 session per child.<br>Contact <a href="mailto:lizzie@lizziebaily.com">lizzie@lizziebaily.com</a> | Applefield         | 2.30 - 4.00 pm     |

**ADVERTS TO BE FOUND ON PAGES 10 - 12  
PLEASE USE THEM, THEY ENABLE THIS MAGAZINE TO BE FREE TO YOU ALL**

**SIDLESHAM COMMUNITY ASSOCIATION  
THE TRUSTEES**

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ADRIAN HARLAND      TRACEY PARSONS  
LEWIS RAMM      TRICIA TULL  
DAVID GUEST

**PARISH COUNCIL MEETINGS  
2nd WEDNESDAYS**

**No meeting August and December  
Annual Parish Meeting  
4th Wednesday in May  
in the Church Hall at 7 pm**

Planning included in above meetings. Details of Planning to be discussed can be obtained from Alison Colban, parish clerk, details on this page.

**SELSEY MOBILE REFUSE SITE  
EAST BEACH CAR PARK -**

OPEN BETWEEN 8.15 and 3.00  
ON ALTERNATE THURSDAYS:  
**6TH, 20TH JUNE. 4TH JULY**

**THESE SITES ACCEPT  
GREEN GARDEN WASTE, WOOD, METAL ITEMS  
SUCH AS POTS AND PANS, CARDBOARD, PAPER  
AND SHREDDED PAPER, SMALL ELECTRICAL ITEMS  
SUCH AS IRONS, TOASTERS, AND HAIR DRYERS.  
NON HAZARDOUS WASTE.  
NO TVs OR WHITE GOODS CAN BE ACCEPTED.**

**WITTERINGS MOBILE REFUSE SITE -  
MARINE DRIVE CAR PARK—  
OTHER ALTERNATE THURSDAYS.**

**Chichester Farmers' Market Location: Town Centre  
Time: 9.00 - 14.00 1st and 3rd Friday of each month**

For information about the Parish, the Parish Council, agenda's minutes, notices of events, information from CDC and WSCC, SCA, Neighbourhood plan etc  
**www.sidlesham.org**

# DATES FOR YOUR DIARIES



THE ANCHOR IS OPEN EVERY DAY

TELEPHONE 641 373 FOR DETAILS OR TO MAKE A BOOKING

## SIDLESHAM MEMORIAL HALL WEBSITE

**This website is now up and running and the address is:**  
[www.sidleshammemorialhall.co.uk](http://www.sidleshammemorialhall.co.uk)



| WHAT'S ON             | AT THE SIDLESHAM MEMORIAL HALL - SHOTFORD  |                   |
|-----------------------|--|-------------------|
| Monday                | <b>The Open Door Choir</b><br><a href="mailto:belindagannon.musicforall@gmail.com">belindagannon.musicforall@gmail.com</a> | 7 - 9 pm          |
| Tuesdays              | <b>Pilates</b> with Jackie Warton<br>Contact: <a href="mailto:precispilates@gmail.com">precispilates@gmail.com</a>         | 9.30 am - 10.30   |
| Tuesdays              | <b>Lunch Club</b> once a month see each month for week or contact<br>Wendy Devonshire 641 457                              | 12.30 For 1.00 pm |
| Fridays<br>2nd Friday | <b>Music Night</b><br>Bar open   | 7 - 10.30 pm      |
| Friday tba            | <b>Quiz Night</b> with Sharon and Carrie   | 7 - 9.30/10.00 pm |

### NEWCOMERS/ALLCOMERS GET TOGETHER AT THE SIDLESHAM MEMORIAL HALL ON 23RD JUNE FROM 2.00 PM.

Drop by the Memorial Hall and meet up with other residents, newcomers and people who have lived here for many years. Find out about local clubs, organisations, advertisers and businesses. You never know when you might need them.

There will be stalls manned by the RSPB, Brent Lodge Wildfowl Hospital, Sidlesham Primary School and others.

You should be able to meet some local growers who will have fresh produce for sale.

Bill Martin, local historian will have information and illustrations of the Land Settlement Association and the original settlers who came from Wales and the north of England to manage a smallholding.

It will also be an opportunity for those of you who had your covid vaccination here to see the vast improvements have been made since then.

Please do support this new event and bring your families, we just need to know how many are coming for catering purposes. We will be offering tea/coffee and cake. No charge but donations will be gratefully received.

**We would be very grateful if some people would be willing to make a cake for the occasion so please let us know if you could help.**

We look forward to meeting as many of you as possible.

The Sidlesham Community Association  
 Contact: Wendy Devonshire – Editor – 641457  
 07775 708952  
[dancingdevonshire@hotmail.com](mailto:dancingdevonshire@hotmail.com)

Graeme Draper, a local freelance artist, has painted some beautiful illustrations for our Memorial Hall. He is working on more pictures, and, if anyone would like to add more details to the unfinished pictures with his guidance, please email Graeme on [graemedraper0@gmail.com](mailto:graemedraper0@gmail.com)

Thank you to David Draper for initiating this project, supplying materials and acquiring sponsorship for the posts and boards. The sponsors are Travis Perkins for the wood and Brewers for some of the paint.



**ST. PETER'S FESTIVAL**

**ST. PETER'S CHURCH  
SELSEY**

**SATURDAY  
29th JUNE 2024**



**11.00 am until 3.00 pm**

ENTERTAINMENT FOR ALL THE FAMILY ... FACE PAINTING  
DEMONSTRATIONS...PERFORMANCES



*In aid of Church Roof Fund*

Selsey Folk and Music Club presents a charity concert with Vincent Lindsey Clark



**7.30 pm Friday 24<sup>th</sup> May**  
at The Selsey Private Club, Coxes Rd. Selsey PO20 9AN

"Vincent will be playing a mix of popular classics for Spanish guitar along with a selection of his own music"

Tickets £12 p/p from:

- The Selsey Club bar
- Julian 07721 532711
- John 07826556041

**Who is Vincent Lindsey Clark?**  
As a performer, Vincent has travelled the world, both as a soloist and in classical guitar trios. He is in demand at festivals as wide ranging as the West Dean International Guitar Festival (UK) and the Nelson Guitar Festival (New Zealand).

**Find us on Facebook...**  
[@selseyfolkandmusic](#)

New Forest for Ukraine is a group of non-political unpaid volunteers committed to helping the people in Ukraine. [www.newforestforukraine.co.uk](http://www.newforestforukraine.co.uk)

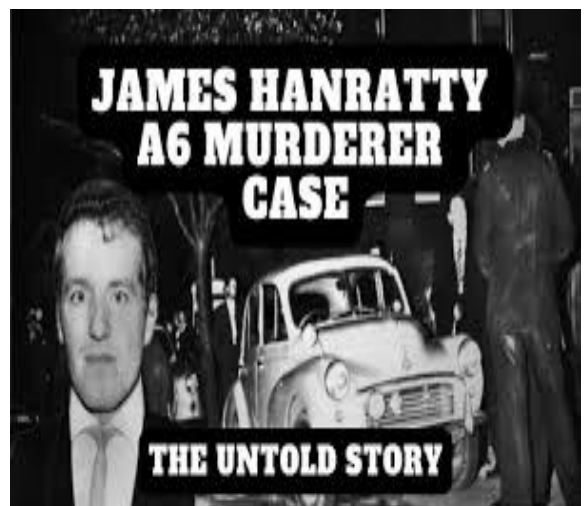
**TALKS AT 6 - THURSDAYS - BETWEEN 6 AND 7PM  
BASSIL SHIPPAM CENTRE - TOZER WAY, PO19 7LG**

**Thursday 6th June – Biodiversity and the Wey and Arun Canal by Ian Burton.** The talk illustrates the biodiversity, challenges and opportunities in the restoration of London's lost waterway to the sea. Chosen Charity: Arun Canal Trust.

**Thursday 27th June – The A6 Murder by Paul Stickler.** In 1962, James Hanratty was hanged for the murder of Michael Gregsten in what would infamously become known as the A6 Murder. Using personal papers discovered after her death in 2016 the story can now be told from the perspective of the 22-year old woman who survived the attack - Valerie Storie. Paul an ex Police Detective investigates! Charity: Diabetes UK

Book on line: [bookings@talksatsix.co.uk](mailto:bookings@talksatsix.co.uk)  
Retiring collection for Speaker's choice of charity  
Organised by Marilyn Humphrey

We do hope you can come to all or any of the following at **Bassil Shippam Centre, Tozer Way, PO19 7LG** at 6-7pm see the full programme on [www.talksatsix.co.uk](http://www.talksatsix.co.uk)





### HOUSES WITH A STORY TO TELL (18)

There is a blue plaque in the village – the only one I am aware of – unless you know of another?

St. Mary's (adjacent to Florence's Pond)

Based on more than one estate agent description, this property may have 'previously been 3 alms houses to St. Mary's Church' with another reference to 'Tudor origins'. The present owners Lou and Andy McVean have also confirmed that there is clear evidence inside that the building may have originally been more than one house.

Previous owners include an Admiral Steiner, Hector Powe, Neville Duke, a Goodhew and John & Silvija Fry. An additional former resident was John G. Griffiths – recorded in Kelly's Directory in both 1911 and 1938. Another resident in the village may have been nanny to the family of Captain (Naval) Banks (?) at St. Mary's in the 1940/50s.

Admiral Steiner (1916-98) entered the Royal Navy from St Paul's School (London) in 1935. He had an illustrious career, culminating as ADC to Queen Elizabeth II in 1965 and Assistant Chief to the Defence Staff in 1968. Sailing had always been his great passion and he lost little time on leaving the Navy in promoting and organising the Round the World Race, first sponsored by Whitbread in 1973. He died in 1988.

One of the oldest family-owned fashion houses in London, based in Regent Street, Hector Powe 'captured the essence of

English luxury and style'. Launched in 1908 this famous brand's acclaimed journey includes two world wars and a ground breaking 20-year partnership with Burberry. In 2018 after a period of dormancy, the label was relaunched by Hector's great-grandnephew, Oliver Powe.

Neville Duke (1922-2007), subject of the Blue Plaque, had a remarkable record as a fighter pilot during the Second World War. He was decorated for gallantry six times by the age of 22. After the war, as chief test pilot for the Hawker Aircraft Company, he established a world airspeed record of 727.63 mph. He also has a blue plaque in Horsham where he lived for 2 years in 1962.

We believe that the reference to Goodhew is the uncle of Duncan, the gold medallist in the 100m Breaststroke at the 1980 Moscow Olympic Games. You may recall from a previous 'story' two other local Olympians, George Renwick at The Parsonage (Paris 1924) and David Campbell-James still at Church House (Los Angeles 1984) - almost an Olympic village within Sidlesham!

John & Silvija Fry (until 2007).

John had been in the RAF and known for being the last remaining Seafire pilot in World War Two. The Seafire was the naval equivalent of the more famous Spitfire, modified to operate from aircraft carriers.

Silvija Fry died earlier this year and her funeral took place at St. Mary's Church in Sidlesham. The on-line service includes the following extract from her eulogy . . . "Which leads me to St. Mary's. Home of homes, with its occasional rodents. Stuffed with antiques collected from all corners of the globe. Cupboards filled to the brim with myriad colourful scarves and pashminas, enough tablecloths to open a shop and a fridge constantly fighting for food space amongst the array of bottles. We loved our St Mary's visits. It was a place to trip over dogs, chat with the chickens, admire the carefully tendered flowers and plants, try not to scold yourself with old hot water taps, and we're absolutely not going to mention the gaping hole in the thatched roof".

Lou and Andy McVean moved into St Mary's in 2007. Since which time their front wall deserves its own blue plaque, having been demolished three times by passing traffic...so far!

**Does your House have a Story to Tell**  
**Billm89@hotmail.com**

### SATURDAY AUCTIONS AT THE SIDLESHAM MEMORIAL GROUND

After CDC took the steps to close Chichester's Saturday market, we, and many others, were left without a base. Subsequently we found a new home - Sidlesham memorial hall car park.

We hold monthly auctions in the old fashioned market sales way. Our next sale is Saturday 29th June 10.00 am start with viewing from 8.00am. It will include a bit of everything

(antiques to modern) in fact something for everyone - cheap to expensive.

Why not come along and have a look, you never know what you may find!

Sales are the last Saturday of the month and are on Facebook and our website.

Medlams Auctioneers  
[www.medlams.co.uk](http://www.medlams.co.uk)



**Saturday 6th July - School Summer Fayre - 11am - 2 pm - more details next month.**

**Also, the Church Fete - 27th July - more details next month.**



## BRENT LODGE WILDLIFE HOSPITAL

*Summer Wildlife Briefings*

### INSIDE THE WILDLIFE HOSPITAL IN JUNE

Spring and Summer 2024 so far have been incredibly busy here at Brent Lodge. We have had dozens upon dozens of baby admissions of all species. These babies have been found without their parents or in nests that have been disturbed by human or pet activity, and they need round-the-clock care to ensure their successful rehabilitation and growth before release back into the wild. We have also sadly begun seeing more patients being admitted with very nasty, and often life-threatening, injuries from lawnmowers and strimmers. We urge you to please check your long grass before cutting it back, as these excruciating injuries are very avoidable and you could be saving little lives by doing so. Please contact us if you come across any wild animal potentially in need, we are always here to help!

#### PATIENT STORY

We have had multiple nests of baby blue-tits come in over the last few weeks that have been found alone and often hypothermic and incredibly hungry. Did you know, when these baby blue-tits first hatch, they are not much bigger than a 5 pence piece?! These babies initially need feeding every 10

-15 minutes and need constant monitoring to ensure their survival. It takes just under a week for these babies to double in size and begin to sprout feathers. They will remain in our care until they are big and strong enough to be released and able to look after themselves.



#### HELPING BRENT LODGE WILDLIFE HOSPITAL

At this busy time of year for babies, we would be incredibly grateful for **kitten/puppy food, waxworms and puppy pads**. Please see our website – [www.brentlodge.org](http://www.brentlodge.org) for a full list of **Wishlist items** and a link to our **Amazon Wishlist**, where any items can be sent directly to us. Thank you!

Please always feel free to call us if you need any advice/ assistance with wildlife enquiries or how to support us.

*By Alex Foster, Education Outreach Coordinator*

**Web:** [www.brentlodge.org](http://www.brentlodge.org) **Tel:** 01243 641672 **Email:** [enquiries@brentlodge.org](mailto:enquiries@brentlodge.org)  
**Address:** Brent Lodge Wildlife Hospital, Cow Lane, Sidlesham, PO20 7LN.



## THE SONG OF THE SKYLARK

By Alice McDougall

The meandering, lyrical beauty of the skylark's song is synonymous with summer days in the English countryside. It's a musicality which seems to nourish our senses like no other. Many of us will know the skylark for its song rather than its looks – the small, dappled brown bird is often hovering high above us, in fact up to 300ft above, singing its song to both carve out its territory and attract a mate.



There has been a long serving muse of poets: Shelley, Ted Hughes, Gerald Manley Hopkins, John Clare, Edward Thomas, Isaac Rosenberg and Emily Dickinson all found symbolism in the skylark; Chaucer and Shakespeare also made reference to these illusive little birds. But perhaps the most notable ode to the skylark is George Meredith's 'The Lark Ascending', the inspiration behind Vaughan Williams' tantalising score of the same name. In Meredith's 122 line poem, the eight-syllable rhyming couplets emulate the repetitive, oscillating melody of the skylark's song: 'He rises and begins to round, / He drops the silver chain of sound, / Of

many inks without a break / In chirrup, whistle, slur and shake'. In Vaughan Williams' piece we hear this rhythm echoed in the short, recurring bursts of violin which feel light and playful, like the flight and song of the skylark.

Skylarks nest on arable land – generally in the middle of fields to avoid predators. They should produce up to three broods a year between April and August, but changes in farming practices have had a dramatic impact on their numbers. Since 1967 they have declined by 63% meaning they are now on the red list for conservation. In 2000 the RSPB opened Hope Farm in Cambridgeshire for the purpose of reconciling farming practices with habitat preservation. The good news is that, through this project, they have determined that skylark populations can be restored.


The collective noun for skylarks is an 'exaltation' – a perfectly fitting term for such an iconic symbol of our landscape.

Image by Ben Andrew


***RSPB Pagham Harbour ae running a close-up / macro photography workshop on the June 1<sup>st</sup> and a Moths and Coffee event on June 15<sup>th</sup>.***


***To find out more: <https://events.rspb.org.uk/paghamharbour>***

Both Brent Lodge and the RSPB will have stalls at the Allcomers' party on Sunday 23rd June where you can find out more about what they do and possibly enrol as members. This entitles you to all sorts of information, courses and many activities for children to do at weekends and during the school holidays. One bonus for the locals is that membership entitles you to park at Church Norton. Ed




**QUIZ WITH SHARON AND CARRIE  
AT THE SIDLESHAM MEMORIAL HALL**





We will put on another quiz soon but holidays etc. are now underway and we are unable to give a date. Keep looking out for notice of the next one.



**OPEN MIC. NIGHT**



Main Hall with'  
Bar



**At the Sidlesham Memorial Hall**

Come along and sing, play or listen to a variety of music, dependent upon who comes to play.  
The bar will be available for drinks and bar snacks.

Which Friday we meet in future is under discussion but there will be no meeting in June as the organisers are on holiday.







**SPONSOR A TABLE FOR £30**



Thank you so much Caroline, Roger, Jo and Jane for your generosity in sponsoring tables. It is very much appreciated.

Would anyone else be willing to sponsor a table for our Memorial Hall?

If so, then please contact David Blackford. 07714205377 [d-blackford@hotmail.co.uk](mailto:d-blackford@hotmail.co.uk)



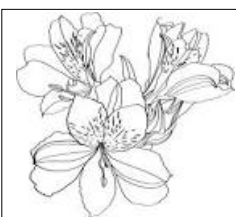
**THE MURDER MYSTERY  
AT THE SIDLESHAM MEMORIAL HALL**

What a fun, social gathering at the Sidlesham murder mystery. The players gave a wonderful interactive story telling experience with very convincing roles of characters in the story. One of which was the murderer...our role was to solve the mystery.

A big thank you to all the organisers, the chefs for a delicious three course meal, the waiters and the bar staff.

Well done to everyone.

**Wendy Berry**



**FLOWER FANCIES**

A watched Kettle never boils, and the same can be said of a watched flower – it never blooms! Daily checks of the Stocks notwithstanding they're going to wait till the third week of May till they're ready to cut. That shouldn't

really surprise me as twenty years of records tell me this is the case, but every year I still check every day for weeks in advance! Stocks have just a short flowering season, three weeks, or four if I really push it and sell really tall stems the last week. As a lot are planted it's just as well they're so popular with the customers and that they're so quick to pick. The smell with a whole greenhouse full of them in bloom is phenomenal.

Diametrically opposite in almost every way are the Pinks, which are also coming into high season now. The season is long – up to 11 months, they're slow to pick/pack, and sell quite slowly. At the end of the day, the long season means that season's total number of bunches of Pinks is around twice that of Stocks. Whilst far more subtle, the Pinks are also very pleasantly scented. A challenge with Pinks is aphid and Thrip pests, either of which is capable of wiping out the whole crop. That is why I spend £50 every fortnight on Biological control. If you don't think you know what Thrips are, whilst Pinks are attacked by Western Flower Thrips, you will all know the Cereal Thrips, more commonly known as

Thunderbugs. Thrips are controlled by Predators, like miniature Lions after Antelope. Aphids are controlled by Parasites, the best example of which can be seen in the film *Alien*. It's just as well insects are so small, as seen under a microscope or knowing their biology they'd be terrifying on a large scale! However, their size is limited by having at best a rudimentary circulatory system, and as their bodies need oxygen just as much as ours do that means an absolute upper size limit. If insects ever evolve a heart, then be afraid – be very afraid!

So, back to flowers. At the time of writing, 12<sup>th</sup> May, flowers are plentiful. Not just the Pinks are coming to their peak, but also the Alstroemeria. Statice and Double Sweet William start today, and Stock next week. For the next month, the only thing in short supply is hours in my day! Although they'll begin to tail off by then, no Stock, there'll still be plenty on 23<sup>rd</sup> June for the Allcomers Party that Wendy has kindly invited Dubbeldam Nurseries to. I'll bring flowers of course, probably bouquets, but I very much hope the customers will also take the opportunity to give me feedback. Positive comments are always welcome, but it's useful for me to hear how you think things can be done differently. Please though, no questions about garden plants as it'll just embarrass me when you find out how little I know about any plants other than commercial cut flowers!

**Aart Dubbeldam**

**Poppies and Narcissi**



At the end of this year's Arundel Tulip Festival, the tulip bulbs were offered to charities with a proviso that a donation be made to the British Red Cross, One of the trustees of the Sidlesham Community Association (SCA), Corina Hall, brought this offer to the attention of the other trustees and it was agreed at their April meeting to submit a request. This was accepted and a goodly amount of both tulips and



narcissi has now been collected from the Castle gardens. Having dried out, they will be planted in the Autumn ready for flowering next Spring, adding some extra colour to the cultivated areas on the Sidlesham Memorial Ground.

**Paul Devonshire**



## MUTTERINGS OF THE MOTORTRADE

Apologies for missing May's edition. Life so busy and hectic at the moment I didn't even notice until the Spread landed on my doormat and none of my drivels inside. Still, gave everyone a respite from that at least if not from the rainy weather we have been having lately.

John has just gone on his MOT Managers' course and Passed, well done John. This is a very difficult course to do and I am very pleased with the outcome. Many fail first time round. All staff members have completed the annual CPD mot training, and after painting the workshop floor over Easter weekend, all is good in the workshop. Although, we are still booking 2 to 3 weeks in advance for routine maintenance etc so please call either myself, John, Terry or Kathy on 01243 641391 and book as early as you can.

A few classic cars in last month. In particular, there was a lovely XK120 race replica in for fuelling issues, I'll say no more than that. A lovely red MGB for recommissioning, servicing etc to put back on the road after being in storage for a few years. A splattering of classic minis and of course Roger's Mk 2 Granada Estate.

Fitted some Motor Movers to my race car trailer so I can move it round my driveway more easily as just a bit tight turning round when on the tow bar. Changed my Mercedes Marco Polo Pop Top Campervan for a more convenient and useful Fiat Ducati based Swift Campervan mainly for my Motor Racing weekends but hoping to get out in it properly maybe next year or so.

Entered the Goodwood Bognor Regis Sprint with my MYGALE race car and still experiencing some teething

problems with the engine management, which have, after studying of engine Data, been resolved. An incorrectly positioned boost air temperature sensor was sending astronomically high temp reading to the engine management, causing a misfuelling calculation and eventual malfunction at a consistent rpm limit. Now resolved and repositioned. My next meeting at the Ginetta test track near Lincoln will hopefully be a bit more productive. It was great to see a few of my friends and customers at the Goodwood circuit which actually turned out to be quite a lovely day albeit a bit chilly. My only downer was my best time excluded because of a noise infringement. I still managed to win my class (by default as faster car engine failed) and Fastest Bognor Regis Motor Club Member. My nephew was there in his McLaren and an enjoyable day was had by all, I hope.

Local by-election seemed a bit quiet and not a brilliant turnout if my reading of the tick list at our Church Hall was correct as not a lot of names ticked off, and we didn't get there till around 9pm.

Let's hope we have now turned a corner weather wise and that some normal weather will return and boost everyone's morale. It's all been a bit depressing this wet and cold winter just went on forever.

I just want to switch my heating off I expect the energy companies be making another massive fortune this quarter.

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## HELP YOUR SURGERY – JOIN *THE FRIENDS!*

Donations made by patients of the Selsey Medical Practice help pay for equipment and services not covered by the NHS.

The Friends of Selsey Medical Practice are a group of local people who collect these valuable donations from patients who become members by giving as little as £5 per year.

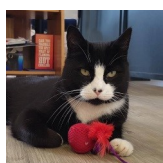
Most recently the Friends have advanced funds for the following (amongst others):

- **Dementia Training for Surgery staff**
- **Alterations to Medical Centre building to accommodate new staff with new office and stock room**
- **Buddy Assisted Transport Service – 300 journeys up to May this year**

- **Community Advisor for personal advice at Care Shop and Surgery**
- **Spirometry machine**
- **Diabetic Retinopathy Camera**

If you would like to support the Friends for as little as £5 per year (no duties involved!) you will find membership forms at the Surgery. Otherwise please phone 01243 606328 and talk to our Membership Secretary, who will welcome your call! Thank you.

Friends of Selsey Medical Practice  
(FSMC)  
Charity No: 1013645



## CAT AND RABBIT RESCUE CENTRE

Hello, it's me Tails, the out-and-about reporter for The Cat and Rabbit Rescue Centre. In my article this week I wanted to tell you about two cats who have recently come into The Centre under difficult circumstances.

These cats came in separately but were both found not to be in the best condition. I am really pleased that The Centre was able to help these cats recover from the tough times they have had. Vivi, a beautiful white and torti female had gone missing from her home and after being found, her owners felt that it would be nicer for her to find a home that suited her needs better. Vivi is one of the skinniest cats we have ever seen! She is an adult cat but she only weighed 1.76kg when she arrived, this is about the weight of a 4/5 month old kitten. Thankfully, Vivi had a good appetite and my staff our feeding her a nutritious diet to help her gain some weight. She is still under the watchful eye of our veterinary team to make sure she is healthy and once she

has put on some weight she will get spayed ready to find her new home.

Mr Grey, a grey tabby, was found sadly covered in glue, he was taken to a local vet who had the awful job of trying to remove the glue. They ended up having to shave all the fur off his back end and because the glue was on his skin it had damaged it so badly it caused wounds which needed stitching. Once the glue was removed, he came to The Centre for my team to continue his recovery journey. My veterinary team are continuing to treat his wounds and give him the pain relief he needs. Once his wounds have healed, he will also be neutered ready to find his forever home.

See you next time.  
Love  
Tails x

**LATEST NEWS FROM ST WILFRID'S HOSPICE  
Moonlight Walk 2024**

It's almost here!

The St Wilfrid's Moonlight Walk takes place this June 15<sup>th</sup> at Chichester College, inviting you to an evening of fun-fundraising. Don't miss your chance to explore Chichester under the moonlight, while also helping support expert palliative care in the local community. Tickets are available until June 10<sup>th</sup>, so don't miss out: [www.stwh.co.uk/moonlight](http://www.stwh.co.uk/moonlight)

**Be a Summer Superstar.**

St Wilfrid's Hospice is always looking for volunteers to join the team and help make a difference in our local community. Whether it's supporting at our shops, in our café or on the Ward, by sparing a few hours and volunteering you will be helping us continue to provide our expert end-of-life care services. Find out how you can get involved here: [www.stwh.co.uk/volunteering](http://www.stwh.co.uk/volunteering)

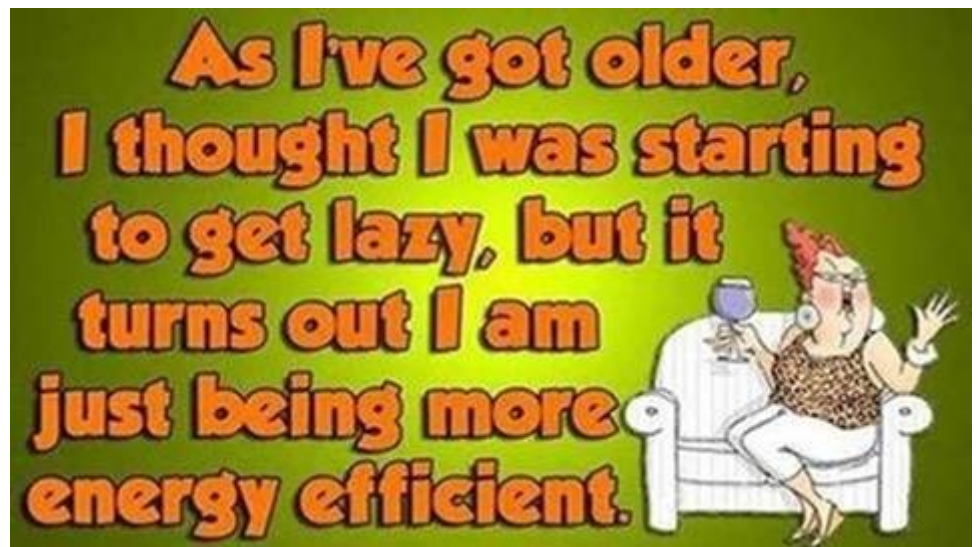
**Great South Run**

Want to take on a challenge? The Great South Run returns this October 20<sup>th</sup>, inviting you to take on a 10-mile run around Portsmouth, while also raising funds for St Wilfrid's Hospice. If you're looking for a challenge, but need the motivation to do so, then this is the perfect opportunity. Sign-up for the Great South Run in support of St Wilfrid's here: <https://stwh.co.uk/events/greatsouthrun/>

**Plan ahead today for peace of mind tomorrow.**

Your will is one of the most important legal documents you can make. Writing your Will means you can rest assured that your loved ones and causes important to you will be cared for after you die. At St Wilfrid's Hospice, a quarter of our end-of-life care services are funded thanks to generous people leaving a gift in their Will. Find out more about the importance of gifts in Wills here: [www.stwh.co.uk/gifts-in-wills](http://www.stwh.co.uk/gifts-in-wills)

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From Monday 12 February 2024, you will need to book to visit all Recycling Centres in West Sussex.

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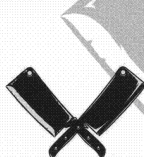
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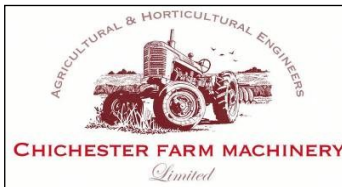
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