**news release**

**14 February 2024**

**West Sussex residents asked to take part in major health survey**

West Sussex County Council is encouraging people to take part in an important survey about health and wellbeing in West Sussex.

The results of the survey, carried out in partnership with Qa Research, will help the county council plan services and take action to support the health and wellbeing of its residents.

A postal survey was sent out to a number of West Sussex residents at the end of January, asking questions about their lifestyle and health. The survey is now open to all West Sussex residents who can complete it online between 14 February until 8 March. The survey is voluntary and anonymous and should only take about 15 minutes to complete.

Everyone who completes the survey will be eligible to enter a free prize draw, with the chance to win one of three cash prizes (£750, £150 and £100).

Cllr Bob Lanzer, Cabinet Member for Public Health and Wellbeing, said: “Many things have changed following the Covid-19 pandemic, and we need up to date information to help plan services and take action to support the health and wellbeing of our residents in the future. We would urge everyone to go online and complete the survey if they have not already received a postal survey.”

For more information and to take the survey visit:

[Your Health Matters - West Sussex Community Health and Wellbeing Survey 2024 | Your Voice West Sussex](https://yourvoice.westsussex.gov.uk/your-health-matters-2024)

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